

Communication & Language

Place a number of vegetables on a tray and cover with a blanket. Ask the children to guess how many there are, then double-check by counting. Remove one of the objects - can they say which one has been removed?

Personal, Social & Emotional

Talk about the different vegetables that you eat at home. Ask your child simple questions such as; *Why is this vegetable your favourite? Which vegetables do you dislike, why?*

Physical Development

Talk about healthy eating and the importance of eating a balanced diet.
If you have any frozen peas at home, encourage the children to use their fingers to 'pop a pea'.

Understanding the World

On Sunday we celebrate Mother's Day. Talk together about why your Mum is special to you? What things do you like doing with your Mum? Encourage your child to make a homemade card.

Expressive Arts & Design

Using the story 'Supertato' as a prompt. Design your own super potato. Find yourself a potato and get creative - Talk with your child about their potatoes super powers, are they super strong? Or super speedy?