

Communication & Language

Read the story 'The Very Hungry Caterpillar' by Eric Carle (if you don't have a copy of the book, you can watch the animated film online <https://www.youtube.com/watch?v=75NQK-SmlYY>) Talk to your child about what happened in the story. What was their favourite part? Why?

Personal, Social & Emotional

Talk about what your child was like as a baby. *How have they grown since then? How do they think they will look as an adult?* Encourage them to draw a picture of what they might look like as an adult. Together explore any old photographs you have of them as babies or even of you as a baby!

Physical Development

Try water painting outside - encourage children to use brushes dipped into water to paint caterpillars and butterflies in an outside area. Spend some time completing timed challenges. How many hops/skips/jumps can your child do within a given time?

Understanding the World

Look at the life cycle of a butterfly with your child. You could use the National Geographic website to help by watching the videos online.

<https://www.natgeokids.com/uk/discover/animals/insects/butterfly-life-cycle/>

Can you draw a picture in your home learning book of the cycle?



Expressive Arts & Design

Give your child some large sheets or blankets for them to wrap themselves up in and pretend to be a caterpillar in a cocoon.

If you are lucky enough to spot any caterpillars in your garden, encourage your child to have a go at drawing what they can see.

