

St Ambrose Catholic Primary  
Curriculum Map PE 2019-2020



LSSP Coach Class Teacher	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Reception/ Nursery	Body management unit 1	Manipulation & coordination Unit 1	Gymnastics Unit 1	Speed Agility Travel Unit 1	Dance Unit 1	Cooperate & Solve Problems Unit 1
Year 1	Attack Defend Shoot Unit 1 Attack Defend Shoot Unit 2	Dance Unit 1 Gymnastics Unit 1	Send & Return Unit 1 Send & Return Unit 2	Attack Defend Shoot Unit 1 Attack Defend Shoot Unit 2	Run Jump Throw Unit 1 Run Jump Throw Unit 2	Hit Catch Run Unit 1 Hit Catch Run Unit 2
Year 2	Attack Defend Shoot Unit 1 Attack Defend Shoot Unit 2	Dance Unit 1 Gymnastics Unit 1	Send & Return Unit 1 Yoga	Attack Defend Shoot Unit 1 Attack Defend Shoot Unit 2	Run Jump Throw Unit 1 Run Jump Throw Unit 2	Hit Catch Run Unit 1 Hit Catch Run Unit 2
Year 3	Dodgeball Unit 1 Handball	Dance Unit 1 Gymnastics	Netball Badminton	Tennis Tag Rugby	Athletics Hockey	Rounders Cricket
Year 4	Dodgeball Handball	Dance Gymnastics	Netball Badminton	Tennis Tag Rugby	Athletics Hockey	Rounders Cricket
Year 5	Dodgeball/Netball Gymnastics	Dance Handball	Netball Tag Rugby	Tennis Badminton	Athletics OAA	Rounders Cricket
Year 6	Dodgeball / Netball Handball	Dance Gymnastics	Netball/ football Yoga	Tennis Tag Rugby	Athletics OAA	Rounders Cricket

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